







## Interlaken Trailblazers invites you to Walk the Cascade Loop to Winthrop Winthrop Washington Sept 29 thru Oct 3, 2022



9 Walks, 1 Bike, Social Event and over a dozen Cascade Loop walks The BARN Winthrop WA







## Join us for 3-5 days of Walks Bike Rides and Hikes Winthrop, WA.

Interlaken Trailblazers invites you to see what Winthrop and the nearby area must show you during this wonderful season of nature. This fun event features walks in Winthrop, North Cascades, Mazama, Twisp, and nearby parks and trails. Enjoy a bike ride through the country roads enjoying the fall landscape.

To ensure you can do all the events, all walks/bike will be available on Thursday, September 29, till Monday, October 3. You may do them on your way to Winthrop or on the way home. We will be at Washington Pass Overlook from 9:00am-1:00pm to register walkers on Thursday, September 29 and in the Winthrop City Park from 9:00am to 2:00pm. You may register and stamp at the barn on Sunday, if you wish to walk these beautiful walks on your way home on Monday. If you are pre-registered and have signed the waiver, we will forward a walk direction to you to do as you travel to the event.

Lodging reservations here: <a href="https://www.methowreservations.com/">https://www.methowreservations.com/</a>

Headquarters: Meet us at the BARN in Winthrop, WA

Start Times: Friday/Saturday: 8:00am-1:00pm, finish by 4:00pm; Sunday: 8:00am-12:00pm, finish by 3:00pm.

**Miscellaneous:** IVV Credit-\$3.00; free walkers and bike riders' welcome. All must register and carry start card. Donations to support Volkssport events like this are always appreciated.

**Facilities/Pets:** Restrooms and water available at start, all trailheads, and around town. Pets are welcome on all trails, except National Parks, but not in buildings.

**Dinner:** Meet at the BARN on Saturday 5:30pm. Dinner served at 6:00pm.

Western Buffet Menu \$36.00

**Pre-Registration:** Pre-Registration required by Thursday, September 15, 2022. Walk/bike registration can be done at the event. Please pre-register for dinner to help our caterer in meal planning.

Sign-ups will be available for Group Walks and carpools at the BARN.

Additional Information: : http://www.interlakentrailblazers.org/

Address: The BARN, 51 WA20, Winthrop, WA

**Driving Directions**: US20 East and West. The BARN is located on west side of downtown.

**Event #1 - Rainy Pass-Rainy Lake/Lake Ann/Maple Pass Loop:** North Cascades Area (34 mi. west of Winthrop). Enjoy beautiful lakes, views, and trails. Three lengths: Rainy L 3K Rated 1A; Lake Ann 6K Rated 2C (700 ft. gain); and Maple Pass loop 10K Rated 4C (2000 ft.)

**Event #2 - Blue Lake/Cutthroat Lake:** Blue Lake is 31 miles West of Winthrop, 7K rated C3 (1050 ft. gain). Cutthroat Lake is 26 miles West of Winthrop, 6K rated 2B (700 ft. gain).

**Event #3 – REVISED Mazama Area:** Mazama Trails and River Run Trail (13 mi. west of Winthrop). Flat trails. Loop Trail 5K and 10K out and back. River Run Trail 7K.

Event #4 – NEW Big Valley: 5K and 10K.

Event #5 - NEW Lewis Butte and Riser Lake: Lewis Butte 10K. Riser Lake 6K.

**Event #6 - REVISED Rex Derr Trail/Lake Pearrygin State Park:** Views abound as you walk the trail around the lake. Pick your distance 5K. 8K and 13K.

**Event #7 -REVISED Winthrop Town Walk:** Explore Winthrop, visit historic museum, and community trail. This walk features a suspension bridge over the Methow River on your way back into town.

**Event #8 - REVISED Sun Mountain Trails:** Mostly shaded walk in the Sun Mountain trail system. Explore the wooded area, beaver pond, and vistas on the trail.

Event #9 - REVISED Twisp/Pipestone Canyon: Explore historic Twisp 5K. Explore this beautiful Canyon 5K.

Bike the Methow Valley: - Mazama Country roads and fall color. What a grand landscape for biking.

NEW SYR Walk AT NEWHALEM/THUNDER KNOB TRAIL. Register at BARN or OSB (Sept 10-Oct 15, 2022)