

STICKS AND STONES MAY BREAK MY BONES, BUT WALKS WILL NEVER HURT ME!

A Club Challenge sponsored by the Columbia River Volkssport Club
formerly by the Turnaround Trekkers Volkssport Club



The Columbia River Volkssport Club is sponsoring a club challenge called "Sticks and Stones." To meet the challenge, you must walk 10 volkswalks relating to sticks and 10 relating to stones.

The sticks portion can be anything to do with wood – trees, forest, etc. Examples include but are not limited to the following: Ashland, Forest Grove, Manzanita, Hawthorn, Oaks Bottom and Cedar Mill Creek Falls (the last three are in Portland), and Sherwood in Oregon. Maple Valley, Oak Harbor, Evergreen State College (Olympia) and Cedar River (Renton) in Washington.

Stones include but are not limited to Haystack Rock (Cannon Beach), Gladstone, Rock Creek Trail (Hillsboro), Rockaway Beach, Tillamook Rock Lighthouse (Seaside) in Oregon, and Castle Rock, WA.

We'll bet you can find lots more we didn't think of!

These names can be the name of a city, a body of water, a park, a trail, etc., but to make it more of a challenge, please don't use street names.

Here's how to participate:

1. **Write** the required information on the form. (**DO NOT** use the AVA stamp on the form)
2. Send the completed form, together with your name, address, and \$10.00 to:

Columbia River Volkssport Club
Attn: Sticks & Stones
11410 SE 90th Ave # 1511
Happy Valley, OR 97086-4604

3. Please make check payable to CRVC.

This form may be photocopied or printed from our website: www.walking4fun.org.

Contact: Ed Hainline email: opahainline49@gmail.com cell: 360-921-1909 (if no answer, please leave a message) or Kimmy Schenter email: Kimmy.schenter@gmail.com cell: 503-312-6830

STICKS**DON'T USE AVA STAMP**

	Date	Qualifying Place	YRE or Regular Event #
1			
2			
3			
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STONES**DON'T USE AVA STAMP**

	Date	Qualifying Place	YRE or Regular Event #
1			
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