



REGIONAL AVA NEWS AND INFORMATION

SHARON MOATS (RD) AND ED HAINLINE (DRD)

#22 May 3, 2023

Greetings NW Region Walking Clubs

The Winter walking contest ESVA winners were selected at the ESVA meeting this past Saturday in Lacey: There were 29 participants this year with 5 of them being new.

Last year there were 33 participants with 7 of them being new.

The \$\$ winners are:

Sherry Ogur \$100.00
from Mountlake Terrace

Carolyn Warhol \$ 75.00
from Puyallup

Susan LeDeuc \$ 50.00
from Everett

Tea Towel winners:

Janet Paige 142 walks
from Federal Way

Bonnie Tucker 84 walks
from Olympia

Cheryl Snodgrass 76 walks
from Vancouver

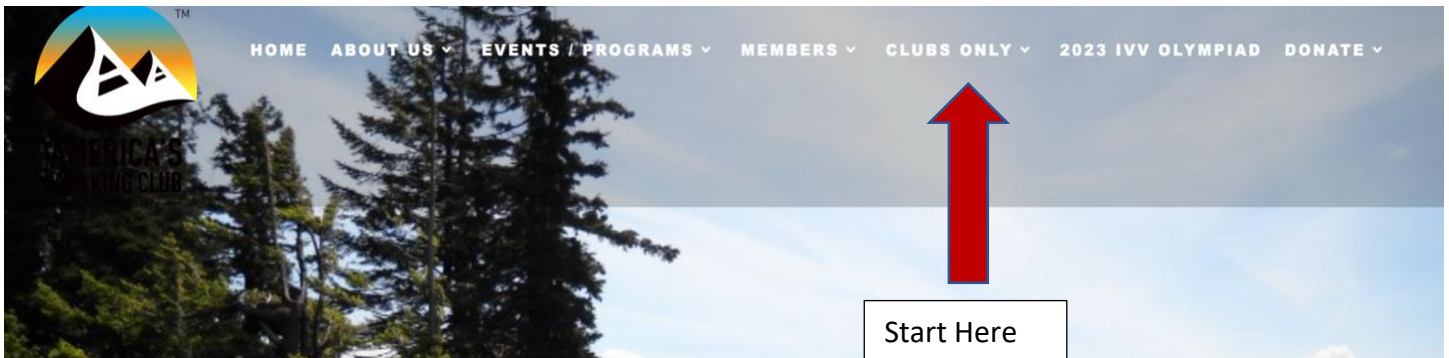
At the meeting Sherry Ogur asked how many total walks were walked?
There were 1,054 walks walked.

The OTSVA winners will be selected at the Oregon meeting on May 27th in Shady Cove

Club reminders:

- Be sure to fill out your club delegate form and mail as requested for the AVA Membership Meeting to take place via Zoom June 14, 2023. If your club did not receive a form, please contact AVA Board Secretary Cecillia Miner at secretary@ava.org

AVA Policy and Trailmaster Guide have been updated and reorganized for easier reading. Be sure your club officers and Trailmasters have the resources they need:



Start at Clubs only

Use Pulldown Menu to select Club Resources, then pick Club Policies.

Select Operations Policies and you will come to the policies and reference materials for everything.

For Clubs

Click buttons to view pdf or download.

**AVA Privacy
Policy**

**Certificate of
Formation**

**Restated and
Amended Bylaws**

**Risk Management
Guidelines**

**Trailmasters
Guide**

**Operations
Policies**

The Future Event Calendar is filling up with many new areas to walk in. Be sure to get your club's future walks on the calendar even if you only have preliminary information available so you can reserve the date you need.

Latest NW Pathfinder Mini: <http://www.esva.online/wp-content/uploads/2023/04/May-June-2023-Pathfinder-online.pdf>

This is a great time to plan AVA travel with your clubs and friends. There are many multi-day events coming up or you could plan a mini trip more locally to do walks where you have not gone before.

Here is a list of other multi-day travel events to add to your calendar:

- May 3-8, 2023, Vancouver Island Spring Walks
<https://www.dropbox.com/s/gs1ya5o7ig32ov8/Island%20Walks%20Spring%202023.pdf?dl=0>
- May 20-21, 2023, Surrey Trekkers Un-Marathon
<https://www.dropbox.com/s/3gdsx5292jyvzbg/BLAST%20FROM%20THE%20PAST.pdf?dl=0>
- May 25-28, 2023 **Please note: The Shady Cove Events on the list in May are a joint effort by Rogue Valley Club and CRVC to do walks in the area. There are no socials planned. Please contact them if interested.
- Aug 12, 2023, International Friendship Walk – Meet at the Peace Arch at the Canadian/US Border
Yvonne Colebert, of Surrey Trekkers, is planning a mapped walk and Tamara Belts of NW Tulip Trekkers are planning to walk a YR in Blaine in the afternoon. Make your plans!
- Sat Aug 12, 2023** - Surrey - Peace Arch Provincial Park **Friendship Walk**
MW - 5/10 - STVC - Rating: **1B**
Start Time: **10:00 am**
Start Location: [Picnic Area, Beach Road and Highway 99](#)
Postal Code: V3S 9N8
Host: Terri and Peter: surreytrekkersbc@gmail.com
Eatery:
- <https://www.meetup.com/nw-tulip-trekkers-walking-club/events/290923889/>
- Sept 14-17, 2023, Central Oregon <https://www.walking4fun.org/central-oregon-2023.html>
- Sept 22-24, 2023, Vancouver BC – [Walk fest https://vancouverventurers.com/walkfest-2023rev1/](https://vancouverventurers.com/walkfest-2023rev1/)
- May 24-26, 2024, Canadian Festival in Kingston, Ontario <http://walks.ca/cvf-fcv-2022-festival/>
- Sept 2024 NW Regional Conference – Location in Washington State TBD

PLEASE VISIT THE AVA SITE FOR ADDITIONAL WALKFEST INFO:

<https://my.ava.org/find-a-fest.php>

See you on the trail!

Sharon Moats (NWRD)

Ed Hainline (NWRD)